

Royal Hospital for Women
Barker Street
Randwick NSW 2031



MIDSTART for RN's – 2024

The Royal Hospital for Women (RHW) offers the opportunity for registered nurses to develop their clinical skills and practice across Maternity services in conjunction with enrolment in a partner tertiary university. This opportunity is available to current registered nurses who are enrolling into a Postgraduate Midwifery program in 2024.

Why RHW?

RHW is a multi-faceted tertiary referral and teaching hospital offering women a wide range of comprehensive women's health services. It is one of the world's leading hospitals for mothers and babies and for women with benign gynaecological and gynaec-oncology conditions. We also offer publicly funded IVF services.

The hospital is committed to the provision of evidence-based health care for women and engaging in research into how to best provide that care. This is reflected through the many and diverse research projects undertaken in all areas of the hospital. The RHW is a Baby Friendly Accredited hospital.

The Royal Hospital for Women is the only stand-alone Women's Hospital in NSW providing unique opportunities for innovative clinical practice initiatives. It is part of South East Sydney Local Health District and is co-located with other hospitals on the Randwick Hospitals Campus. The campus offers one of the State's most comprehensive ranges of facilities and expertise in health care.

RHW is close to some of Sydney's best beaches, restaurants and sporting facilities. With light rail and bus transport easily accessible making Sydney's central business district and iconic harbor only 20 minutes away, adding a quality lifestyle to the satisfaction that comes from working within a committed and dedicated team. RHW is situated within the Randwick Precinct and close to Coogee Beach.

Our services include

The Royal Hospital for Women offers women a choice of models of care. These options include hospital-based GP/Share care with midwives, Maternity Antenatal and Postnatal Services (MAPS) and Midwifery Group Practice (MGP) & medical clinics.

Antenatal care GP share care is conducted through the hospital antenatal clinics by GP/Share care with midwives. Care is provided in the RHW outpatients department or GP surgery during pregnancy, with labour and birth care by midwives in Birthing Services. Hospital based medical clinics are also conducted within the antenatal clinic area. Postnatal care is provided in the hospital postnatal ward and with Midwifery Support Program who offer home visits and phone consultations after discharge.

MAPS antenatal care is provided by a known midwife who follows women through antenatal care and postnatal care in collaboration with a GP. Labour and birth care by midwives in Birthing Services with MAPS postnatal follow up care via home visits / phone consultations after discharge.

MGP offers women care by a known midwife within a small group of midwives. This model provides continuity of care throughout pregnancy, labour and birth and the postnatal period. MGP encourage women to be discharged early in the postnatal period where care continues in the woman's home. MGP also offers home birth for eligible women.

The hospital also provides gynaecology, gynaecological oncology, fertility, endogynaecology, breast surgery and foetoscopy, Newborn Intensive Care Centre, Menopause Centre, Breast Screening, Mothersafe, Adolescent Gynaecology.

Commencement Date

The proposed commencement date is mid-February 2024

Postgraduate Midwifery study program

The Royal Hospital for Women is offering registered nurses' part-time employment at 32 hours/week over a 12-month contract period in alignment with the concurrent tertiary study program. The rotating shift rostering pattern allows for the student to attend the university component one unpaid day/week.

MIDSTART students will have the opportunity to work in an environment which will expose them to various models of midwifery-led care.

Rotation occurs across all Maternity services including MAPS in Antenatal Outpatients and the Newborn Intensive Care, Midwifery Support program (MSP), Breastfeeding Support Unit (BSU) with the possibility for placement within an MGP model of care for part of the 12-month program.

The transition to the student midwife role consists of a comprehensive orientation to both the hospital and each unit across each first rotation to a new maternity area i.e., postnatal ward, antenatal ward, birthing services etc. During the program students are supported to attend their continuity of care commitments. Relevant programs and in-service education is scheduled throughout the 12 months for the student attendance. Regular performance appraisals assist to monitor progress towards the achievement of personal goals and help ensure that student midwives are developing professionally.

Support is provided by Midwifery Educators, Clinical Midwifery Educators and Clinical Midwifery Consultants clinical midwives and in-house education and skill development opportunities. Clinical supervision is offered to all staff.

A fully rotating roster is worked throughout the 12-month program. A 12-hour shift pattern in the Postnatal and Birthing Services after the initial induction period. Annual leave is a 2-week allocation rostered into the 12-month master roster. There may be some flexibility with annual leave timing but this must be negotiated to accommodate safe working environment for staff and families. The remaining 2 weeks is available to be taken at the end of the program.

There is the opportunity on successful completion of the program to apply for on-going employment for a transition rotation year across Maternity to assist the newly registered midwife to consolidate their knowledge and skills in their first postgraduate year.

Transport

View the Transport Info line - <https://transportnsw.info/>

The hospital is well serviced by a regular public bus and light rail service to and from the city and is only 20 minutes from Town Hall. There is also some all-day off-street parking available.

Information and contact

If you require any further information about this health facility or our transition, please email or contact:

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More about the RHW - <https://www.seslhd.health.nsw.gov.au/royal-hospital-for-women>