

# MidStart 2025

## The Royal Hospital for Women

### Why The Royal Hospital for Women for your MidStart Program?

[The Royal Hospital for Women](#) offers the opportunity for Registered Nurses to develop your clinical skills and practice across Maternity services in conjunction with enrolment in a partner tertiary university. This opportunity is available to current Registered Nurses who are enrolling into a Postgraduate Midwifery program in 2025.

The Royal Hospital for Women is a multi-faceted tertiary referral and teaching hospital offering women a wide range of comprehensive women's health services. This includes gynaecology, gynaecological oncology, fertility, endogynaecology, breast surgery and foetoscopy, Newborn Intensive Care Centre, Menopause Centre, Breast Screening, Mothersafe, Adolescent Gynaecology. We are one of the world's leading hospitals for mothers and babies and for women with benign gynaecological and gynae-oncology conditions. We also offer publicly funded IVF services, as well as being a Baby Friendly Accredited hospital.

The Royal Hospital for Women is committed to the provision of evidence-based health care for women and engaging in research into how to best provide that care. This is reflected through the many and diverse research projects undertaken in all areas of the hospital.

The Royal Hospital for Women is the only stand-alone Women's Hospital in NSW providing unique opportunities for innovative clinical practice initiatives. It is co-located with other hospitals on the Randwick Hospitals Campus. The campus offers one of the State's

most comprehensive ranges of facilities and expertise in health care.

The Royal Hospital for Women is close to some of Sydney's best beaches, restaurants, and sporting facilities. We are situated within the Randwick Precinct and close to Coogee Beach, with light rail and bus transport easily accessible. Sydney's central business district and iconic harbor are only 20 minutes away, adding a quality lifestyle to the satisfaction that comes from working within a committed and dedicated team.

The Royal Hospital for Women offers women a choice of models of care. These options include hospital-based GP/Share care with midwives, Maternity Antenatal and Postnatal Services (MAPS) and Midwifery Group Practice (MGP) and medical clinics.

Antenatal care share care with a GP and hospital midwife during pregnancy, with labour and birth care provided by Midwives within Birthing Services or MGP. Hospital-based medical clinics are also conducted within the antenatal clinic area.

Postnatal care is provided in the hospital postnatal ward along with the Midwifery Support Program who offer home visits and phone consultations after discharge.

MAPS antenatal care is provided by a known Midwife who follows women through antenatal care and postnatal care. Labour and birth care is provided by Midwives in Birthing Services with MAPS postnatal follow up care via home visits/ phone consultations after discharge.

MGP offers women care by a known Midwife within a small group of midwives. This model provides continuity of care throughout pregnancy, labour and birth and the postnatal

period. MGP encourages women to be discharged early in the postnatal period where care continues in the woman's home. MGP also offers home birth for eligible women.

## What we offer you in your MidStart Program

The Royal Hospital for Women will provide you part-time employment at 32 hours/week over a 12-month contract period in alignment with the concurrent tertiary study program. The rotating shift rostering pattern allows for you to attend the university component one unpaid day per week.

As a MidStart student, you will work in an environment with various models of Midwifery-led care. Rotation occurs across all Maternity services including Postnatal, Antenatal inpatient, Birthing, MAPS in Antenatal Outpatients, Midwifery Support program (MSP) & Breastfeeding Support Unit (BSU).

You will receive a comprehensive orientation to both the hospital and each unit across each first rotation to a new maternity area i.e., postnatal ward, antenatal ward, birthing

services etc. During the program, you will be supported to attend to your continuity of care commitments. Relevant programs and in-service education are scheduled throughout the 12 months to support your development.

You will be supported by the team at the Royal Hospital for Women in your MidStart Program. This includes Midwifery Educators, Clinical Midwife Educators and Clinical Midwife Consultants as well as the team you are working with. Clinical supervision is offered to all staff, and you will receive formal feedback on your progress in the MidStart Program.

The RHW takes great pride in your development as a Midwife and you will be encouraged to stay with The Royal Hospital for Women to consolidate your knowledge and skills in your postgraduate year.

## Other details

The current commencement of MidStart 2025 is planned for February 2025.

You will receive specialised orientation to the organisation, facility, and ward. This includes supernumerary status at the commencement of each of your clinical rotations.

You will be allocated a rotating roster throughout the 12-month program. Some wards offer a 12-hour shift pattern (Postnatal and Birthing Services). You will be rostered 2-weeks Annual Leave during the 12-months and

the remaining 2 weeks taken at the end of the program.

There is no on-site staff accommodation at The Royal Hospital for Women.

There is a multi-storey paid-parking facility on the campus, For further information [visit this site](#).

The hospital is easily accessible by public transport. For further information [visit this site](#).

# Questions?

If you have any questions about this MidStart program, please contact:

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