

Important Information

Please contact the HiTH clinic if you have not been contacted for an appointment time on 9113 2899.

What to look for

Your condition may be getting worse if you:

- Get dizzy when you sit or stand up
- You feel extremely drowsy
- You have a very dry mouth
- You have little or no urine output or urine is dark in colour

If you feel your condition is getting worse, contact the HiTH clinic on **9113 2899**.

After 9:00pm call Hospital Switch Board on 9113 1111 and ask to be transferred to the Doctor on-call for General Medicine and state you are an admitted HiTH patient.

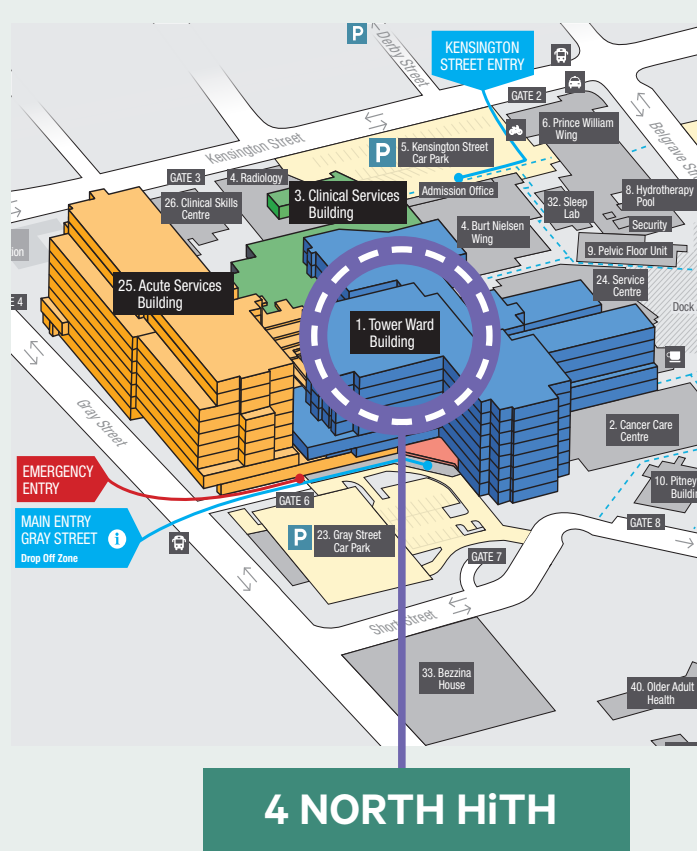
In Case of an Emergency

If you experience high fevers, swelling of the face or mouth, or difficulty breathing

PHONE 000 IMMEDIATELY AND
ASK FOR AN AMBULANCE.

NSW Health does not tolerate violence towards staff.

Any behaviours of concern will be escalated and may result in the withdrawal of care.



4 NORTH HiTH



If in Doubt, Reach Out Call HiTH

Between the hours of 8am to 9pm,
telephone the HiTH team on
9113 2899 or 0428 359 591

8:00am – 9:00pm 7 days a week

St George Hospital
4 North, Tower Ward Block
Gray St Kogarah NSW 2217

Produced by St George Hospital and Community Health Service



Reviewed By
St George Hospital
Consumer Advisory Group
Working together



**HOSPITAL
IN THE HOME**

**INTRAVENOUS
FLUIDS AT HOME**

Information for
patients and carers

What is Hospital in The Home (HiTH)?

Hospital in the Home (HiTH) is provided free of charge to patients over 18 years of age who live within the St George area. Patients can receive treatment in their home (or safe location) as a substitution for in hospital care.

Nurses and/or doctors may come to your home or call you using telehealth video calls to give you care and monitor your treatment.

Why do I need Intravenous (IV) fluids?

Your doctor has referred you to the HiTH service for management of your fluid intake or dehydration. You may need IV fluids to help with hydration, electrolyte (salts and sugars) imbalances or decreased food intake.

The HiTH staff will give you information about your treatment plan and the HiTH service, which may include:

- How many days of treatment are planned
- How the IV fluids will be given
- The follow up plan for when your treatment is complete
- Education you need to self-manage your treatment

Benefits of Home IV Fluids

- Staying at home may reduce your risk of infection
- You may be more comfortable and independent in your own home
- Being in the comfort of your home can help you to eat and sleep better

What is HiTH Virtual?

If you are suitable to have virtual telehealth HiTH staff will contact you daily via Video call to monitor and manage your observations and treatment.

We will supply you with the equipment required to receive your intravenous fluids at home which will need to be returned as soon as your treatment is finished.

Although you can receive your treatment in your home it may be required that you attend the HiTH clinic regularly for medical review.

How do I know if I can have my treatment through HiTH Virtual?

To be able to receive treatment at home through HiTH virtual you must:

- Be medically suitable to receive treatment outside of hospital
- Have access to a telephone that can receive video calls
- Be assessed by the HiTH team and be able to manage the treatment with supervision/ assistance from HiTH staff

Important

- Always perform hand hygiene before touching IV fluid lines
- Turn off fluid pump immediately if you experience pain, burning, swelling or redness at the site of infusion
- Contact HiTH team straight away if you have stopped the fluid pump

Troubleshooting

Follow the below steps to stop the fluid pump if required.

1. If the pump is alarming, please stop the machine immediately
2. Turn the pump off
3. Call HiTH staff as soon as you can
4. Follow HiTH staff instructions. If you are told to disconnect the line, please clean the bung and flush the line as per staff instructions. Do not reconnect the line once it has been removed.

