HiTH Surgical Benefits

- Staying at home may reduce your risk of infection
- You can be more comfortable and independent
- It may lessen your anxiety towards your upcoming surgery
- You are in the comfort of your home which will help you eat and sleep better



If in Doubt, Reach Out Call HiTH Surgical

Between the hours of 8am to 9pm, telephone the HiTH Surgical team on 9113 2899 or 0456 204 869



How to give us feedback?

Talk to Us

If you would like to give feedback on the service you have received please ask to speak with the Nurse In Charge

Write to Us

Alternatively, you can fill out a feedback form or write us a letter addressed to:

Patient Experience Manager St George Hospital Email: SESLHD-STGConsumerFeedback@ health.nsw.gov.au

Care Opinion Antesis

Go Online

Care Opinion is an independent site where anyone can share their stories about their experience of care.

Visit www.careopinion.org.au

Taking your feedback further

If you are not satisfied with how your feedback has been managed you can write addressed to:

Executive Services, SESLHD Locked Mail Bag 21 Taren Point NSW 2229 Email: SESLHD-Mail@health.nsw.gov.au

Produced by St George Hospital and Community Health Service



Reviewed By St George Hospital Consumer Advisory Group Working together







What is HiTH Surgical?

Hospital in the Home (HiTH) is an acute inpatient service that is provided free of charge by Registered Nurses to patients 18 years of age and over residing within the St George area at a suitable and safe location for care. Patients are able to receive treatment in their current place of residence for in hospital care.

HiTH Surgical Team

The multidisciplinary team includes Registered Nurses, Doctors and Pharmacist.

HiTH also has access to Allied Health services.



Location Level 4 North, St. George Hospital

Hours of Operation 8am– 9pm, 7 days a week

Nurse Mobile: 0456 204 869 Office Number: 02 9113 2899

After Hours (After 9pm) Call Hospital Switchboard on 02 9113 1111 for the On Call Nurse/Doctor in General Medicine

HiTH Surgical Pre-Operative Care

A HiTH Registered Nurse will visit you at your place of residence on a regular basis until the day of your surgery.

During the visit the nurse will record your temperature, blood pressure, pulse, respiratory rate and weight.

You should be able to:

- Eat and drink unless otherwise stated
- Use special stockings (graduated elastic compression stockings) to help prevent blood clots

Useful Tips:

- Ensure you are contactable at all times and have reliable telephone access
- Refrain from smoking when we visit
- Keep your pets in another area away from our team
- Keep our contact phone numbers handy

Important

Go to the Hospital if you are experiencing:

- High fever
- Shivering, or uncontrollable shaking
- Vomiting and unable to drink fluids
- Severe and increasing pain not getting better with available pain relief at home

Day of Surgery

Location



- Arrive on time on the day of the procedure
- Maintain fasting as per instructions
- Remove any jewelery, watches and leave at home for safe keeping
- Remove contact lenses if applicable
- Please take a preoperative shower using the special pre-op wash provided
- Withhold medications as per advice
- Please bring identification card and other relevant healthcare cards if applicable