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| <b>NAME OF SERVICE</b>         | <b>Dietetics</b>   |
| <b>ADDRESS</b>                 | 126 Kareena Road   |
| <b>CITY</b>                    | MIRANDA  |
| <b>STATE</b>                   | NSW  |
| <b>POSTCODE</b>                | 2228   |
| <b>TELEPHONE</b>               | (02) 9540 7956   |
| <b>FAX</b>                     | (02) 9540 7869   |
| <b>DESCRIPTION OF SERVICE</b>  | The Dietetics service provides a home visiting service for housebound elderly and disabled residents of the Sutherland Shire. Dietitians provide nutritional assessment, education and counselling to clients with nutrition related conditions. This can involve the development and monitoring of nutrition care plans for individuals as well as conducting group education sessions to meet the needs of outpatients.  |
| <b>WHO TO REFER</b>            | Housebound residents of the Sutherland Shire requiring Dietetic services.  |
| <b>DVA CLIENTS SEEN</b>        | Clients who hold a DVA Gold Card should, wherever possible, be referred to a private practice Dietitian who conducts home visits.  |
| <b>HOW TO REFER</b>            | <p><b>Persons under 65 years</b></p> <ol style="list-style-type: none"> <li>1. Electronic Medical Record (eMR) referral (TSH) or</li> <li>2. Fax an <a href="#">Access and Referral Intake Form</a> to (02) 9540 7869 or</li> <li>3. Scan and email an <a href="#">Access and Referral Intake Form</a> to <a href="mailto:SESLHD-SouthCareIntake@health.nsw.gov.au">SESLHD-SouthCareIntake@health.nsw.gov.au</a></li> </ol> <p><b>Persons 65 years and over</b></p> <p>Online at 'My Aged Care' <a href="http://www.myagedcare.gov.au">www.myagedcare.gov.au</a> or phone <b>1800 200 422</b></p>  |
| <b>REFERRAL CRITERIA</b>       | <ol style="list-style-type: none"> <li>1. Client must be housebound or unable to access other Dietetics services due to physical or mental health reasons.</li> <li>2. Client must live within the Sutherland Shire.</li> <li>3. Client is able to understand and actively participate in a self-management program (or has a carer who is able to do so).</li> <li>4. Client is aware of the referral and agreeable to Dietetic intervention.</li> <li>5. Clients with a swallowing problem should be seen by a Speech Pathologist before being referred to the Dietitian.</li> </ol> <p><u>Exclusion Criteria:</u></p> <ol style="list-style-type: none"> <li>1. <i>Nursing home and hostel residents.</i></li> <li>2. <i>Clients receiving level 3 or 4 home care packages (Dietitian should be accessed through package provider)</i></li> <li>3. <i>Clients who are not housebound or who can access other Dietetics services.</i></li> </ol> |
| <b>IS THERE A WAITING LIST</b> | Yes  |
| <b>WAITING LIST DETAILS</b>    | Referral priorities exist and all referrals will be prioritised according to clinical need.  |
| <b>HOURS/DAYS OF OPERATION</b> | 8.00am – 4:30pm                      Monday to Friday  |
| <b>APPROXIMATE COSTS</b>       | Nil  |
| <b>OTHER</b>                   | A limited service is provided for clients referred for weight management advice. Clients will receive an initial assessment and three reviews before being referred onto another service.  |

